

NINE GOLD MEDALS

Feel, Freeze and Reflect

Name:

Class:

Date:

PRE-READING

Predict the Podium

In your opinion, what makes someone a true winner in a race? Tick as many as you like.

- ☐ Finishing first
- ☐ Trying your best
- ☐ Helping others along the way
- ☐ Never giving up

Keep your answer in mind — you'll revisit it after reading the poem!

WHILE READING

Emotion Timeline

Track how the poem's mood changes from start to end. Complete the table.

Stage	Emotion	Evidence from the poem
Before the race		
The race begins		
The fall		
The turnaround		
The finish		

Freeze Frame

Imagine the exact moment the other runners stop and turn back to help. If a photographer froze that moment, what would the picture show?

★ SNAPSHOT ★

Faces:

Actions:

Feelings in the air:

Why Nine Medals?

Only one runner could have won the race, yet all nine received gold medals. Why do you think this happened?

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POST-READING

True Victory

Complete the sentence in the poem's own spirit.

True winning is not about finishing first, but about

Revisit the Podium

Go back to your Pre-Reading answer. Would you add or change anything now that you've read the poem?

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One Line, One Lesson

What is the one message you will carry forward from this poem?

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Exit Ticket

One way I can show the same spirit as these runners in my own life is

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Well done! You've completed your Reading Companion for Nine Gold Medals.

Keep this sheet safe — it's a great quick-revision tool before your exam.