

BELIEVE IN YOURSELF

Poem: "Step Up to the Challenge" — Climb, Choose and Grow

Name:

Class:

Date:

PRE-READING

Comfort vs. Growth

Think of two situations in your own life before you read.

A comfortable situation I could safely stay in:

A challenging situation that could help me grow:

Keep both in mind — this poem is entirely about choosing between these two.

WHILE READING

STEP 1

Standing Alone

Which central idea correctly matches Stanza 1? Tick one.

- ☐ Facing challenges requires personal responsibility and a clear focus on one's future.
- ☐ Facing challenges is a journey best taken with support and guidance from others.

Name one challenge you have faced where no one else could make the decision for you.

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STEP 2

Fear and Choice

Which central idea correctly matches Stanza 2? Tick one.

- ☐ Fear and uncertainty make it difficult to make choices as the future approaches.
- ☐ Facing the future with confidence makes choices easier and more straightforward.

What is one fear that has stopped you from making a choice in the past?

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STEP 3

Leaving Comfort Behind

Which central idea correctly matches Stanza 3? Tick one.

- ☐ Personal growth involves finding balance between comfort and change.
- ☐ Personal growth requires leaving behind comfort and embracing change.

Why do you think comfort can sometimes prevent growth?

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STEP 4

The First Step

Which central idea correctly matches Stanza 4? Tick one.

- ☐ The first step towards change may feel easy if you place your trust in others to guide you.
- ☐ The first step towards change is difficult, but self-belief and confidence help you stay on track.

POST-READING

Main Idea in One Line

What is the poem's main message, in just one sentence?

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Revisit: Comfort vs. Growth

Go back to your Pre-Reading answers. Has reading the poem changed how you feel about the challenging situation you named?

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My First Step

Name one small, real first step you could take this week toward something that currently feels intimidating.

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Exit Ticket

The next time fear tries to hold me back, I will remember



Well done! You've completed your Reading Companion for Believe in Yourself.

Keep this sheet safe — it's a great quick-revision tool before your exam.